



DR. KYLE

Aligning to a state of wholeness, beyond simply physical, to achieve mastery in all 7 areas of life

Assisting people-driven organizations to solve chronic underlying systematic issues and achieve the alignment of wholeness and wellness between people and their organizations

For bookings email admin@drkylehulsebus.com or call 815-200-4759 | www.drkylehulsebus.com

Health and Human Potential Specialist Dr. Kyle Hulsebus is an author, speaker, educator, and a third-generation chiropractor active in his family's practice in Northern Illinois in the United States. He is a specialist in the field of Health and Well-Being, whether that be physically working with the human body and spine, or spiritually and mentally through his storytelling, writing, consulting, and speaking.

Dr. Hulsebus is a genius at helping individuals align their personal and professional lives to create internal balance so they show up more on point, focused, and in harmony with the company's direction and its people with increased efficiency and ease.

"Thought-provoking and charismatic, Dr. Kyle Hulsebus's insights will reshape the way you align yourself with your people and organization. He is a wealth of knowledge that brings relevance far beyond the conversation and creates a space to allow for deep meaningful change."

- Amar Virk, Serial Entrepreneur, & Co-Founder Advanced-Potential Institute

SIGNATURE TALKS

THE 40 OVER 40: TIPS TO MAXIMIZE HEALTH AND PRODUCTIVITY AS YOUR COMPANY SCALES THROUGH TIME

AUDIENCE: CORPORATIONS, WHOLE COMPANIES

Discover practical, actionable steps to enhance your health, strengthen relationships, boost productivity, and clarify communication with colleagues and management.

Take Aways:

Mastering Health Fundamentals: Learn the essential building blocks of health and discover how to apply them across personal, professional, and relational areas to achieve lasting well-being.

The Power of Breath: Understand the transformative impact of intentional breathing—for yourself, for teams, and for fostering a resilient, adaptive company culture.

The 40 Over 40 For Your Company

Tailored tips to adjust the overall well-being of your company and your culture, creating clarity, cohesion and connected communication.

MASTERING BUSINESS BY MASTERING LIFE

Audience: Business Owners, Entrepreneurs

Are you trying to achieve balance in your personal and professional life, but find it challenging and frustrating? It's often because most are in reaction mode to their external environment and are unaware of the seven areas of life that directly impact their ability to succeed.

In this keynote, we will define and cover all seven areas. Then, using my signature assessment, learn practical ways to increase your level of mastery in each area and begin creating the balance you desire and require in your life.

Attendees will learn how to:

- Learn all seven core areas of life and assess their level of mastery in each one.
- Rebuild their personal paradigm - looking at their life from within rather than reacting to the external environment.
- Leave with practical ways to increase their personal mastery in each area - leading to increased personal efficiency and effectiveness.

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